Respite Well
Program Description

1. **Description.** A San Diego County voucher pilot program providing respite for caregivers of those with Alzheimer’s Disease and Related Dementias (ADRD). For latest information, please visit www.RespiteWellSD.com.

2. **Costs.** The voucher is intended as a subsidy with the County of San Diego Health and Human Services Agency, Aging & Independence Services contributing 50% to respite expenses. The remaining cost to voucher recipients in 2019 is as follows:
   a. Home Care, per hour: $13.50
   b. Adult Day Program, per full day: $54.00
   c. Assisted Living, per night: $123.50

3. **Qualification.** To qualify, a patient must have some type of ADRD (where most cognitive impairment qualifies) and the primary caregiver must demonstrate some level of stress related to the situation.

4. **Benefits.** After a screening by Coast Care Partners, recipients will receive one service under one of the following levels:
   a. **Silver**
      i. Home Care: 4 hours of care weekly
      ii. Adult Day Program: 1 day of care weekly
      iii. Assisted Living: 1 week of care, every 4 months
   b. **Gold**
      i. Home Care: 8 hours of care weekly
      ii. Adult Day Program: 2 days of care weekly
      iii. Assisted Living: 1 week of care, every 2 months
   c. **Crisis**
      i. Home Care: Up to 720 hours
      ii. Assisted Living: Up to 14 consecutive days

*Other conditions apply. For the most updated program terms, please visit www.RespiteWellSD.com.*

To apply, call (888) 667-9237

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